STATE OF CONNECTICUT DEPARTMENT OF PUBLIC HEALTH BUREAU OF REGULATORY SERVICES

In Re: Karin Horbal, L.P.N.

Petition No. 970402-011-008

**CONSENT ORDER** 

WHEREAS, Karin Horbal, L.P.N., (hereinafter "respondent") of Shelton, Connecticut has been issued

license number 020013 to practice as a licensed practical nurse by the Department of Public Health

(hereinafter "the Department") pursuant to Chapter 378 of the General Statutes of Connecticut, as

amended; and,

WHEREAS, respondent hereby admits and acknowledges that:

1. From 1990, to on or about March 8, 1997, she was employed as a licensed practical nurse at

Fairfield Manor Health Care Center, Norwalk, Connecticut.

2. From or before January of 1997 to March 8, 1997, while working as a licensed practical nurse

at Fairfield Manor Health Care Center, she diverted the controlled substance Percocet for her

own personal use.

3. The above described facts constitute grounds for disciplinary action pursuant to the General

Statutes of Connecticut, §20-99(b), including but not limited to:

a.  $\S 20-99(b)(2)$ ;

b.  $\S 20-99(b)(5)$ ; and/or,

c.  $\S 20-99(b)(6)$ .

WHEREAS, respondent, in consideration of this Consent Order, has chosen not to contest the above

allegations at a hearing in front of the Board of Examiners for Nursing (hereinafter "the Board").

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Respondent further agrees that this Consent Order shall have the same effect as if ordered after a full hearing pursuant to §§19a-10, and 20-99(b) of the General Statutes of Connecticut.

NOW THEREFORE, pursuant to §19a-17 and §20-99(a) of the General Statutes of Connecticut, Karin Horbal hereby stipulates and agrees to the following:

- 1. Respondent waives her right to a hearing on the merits of this matter.
- Respondent shall comply with all federal and state statutes and regulations applicable to her profession.
- 3. Respondent's license number 020013 to practice as a licensed practical nurse in the State of Connecticut is hereby placed on probation for one year, subject to the following terms and conditions:
  - A. Respondent shall not obtain or use controlled substances, legend drugs or alcohol in any form unless prescribed or recommended for a legitimate therapeutic purpose by a licensed health care professional authorized to prescribe medications.
    - At her own expense, she shall submit to observed random urine screens for drugs and alcohol at a testing facility approved by the Board, after consultation with the Department, as ordered by her personal physician. Laboratory reports of random alcohol and drug screens shall be submitted directly to the Board and the Department by respondent's personal physician or by the testing laboratory. All such observed random drug and alcohol screens shall be legally defensible in that the specimen donor and chain of custody can be identified throughout the

- screening process. All laboratory reports shall indicate that the chain of custody procedure has been followed.
- (2) She shall be responsible for notifying the laboratory, the Board, and the Department of any drug(s) she is taking.
- (3) There must be at least one such observed random alcohol/drug screen and accompanying laboratory report every month for the duration of probation.
- (4) All screens shall be negative for the presence of drugs and alcohol.
- (5) All positive screen results shall be confirmed by gas chromatograph/mass spectrometer (GC/MS) testing.
- (6) Respondent is hereby advised that the ingestion of poppy seeds and mouthwash has, from time to time, been raised as a defense to a positive screen result for morphine, opiates and/or alcohol. For that reason, respondent agrees to refrain from ingesting poppy seeds in any food substances or mouthwash during the term of this Consent Order. In the event respondent has a positive screen for morphine, opiates and/or alcohol, respondent agrees that the ingestion of poppy seeds and/or mouthwash shall not constitute a defense to such a screen.
- B. Respondent shall provide a copy of this Consent Order to all current and future employers for the duration of her probation.
- C. Respondent shall be responsible for the provision of written reports directly to the Board and the Department from her nursing supervisor (i.e., Director of Nursing) monthly for the duration of probation. Employer reports shall include documentation of respondent's

- ability to safely and competently practice nursing, and shall be issued to the Board and the Department at the address cited in paragraph 3H below.
- D. Respondent shall notify the Board and the Department in writing of any change of employment within fifteen (15) days of such change.
- E. Respondent shall notify the Board and the Department of any change in her home or business address within fifteen (15) days of such change.
- F. If respondent pursues further training in any subject area that is regulated by the Department, respondent shall provide a copy of this Consent Order to the educational institution or, if not an institution, to respondent's instructor. Such institution or instructor shall notify the Department of receipt of the Consent Order within fifteen (15) days of receipt.
- G. All reports required by the terms of this Consent Order shall be due on the tenth business day of each month commencing with reports due
- H. All correspondence and reports shall be addressed to:

Department of Public Health
Division of Health Systems Regulation
410 Capitol Avenue, MS #12HSR
P.O. Box 340308
Hartford, CT 06134-0308

4. Any violation of the terms of this Consent Order without prior written approval by the Board shall constitute grounds for the Department to seek revocation of the respondent's nursing license following notice and an opportunity to be heard.

- 5. Any extension of time or grace period for reporting granted by the Board shall not be a waiver or preclude the Board's right to take action at a later time. The Board shall not be required to grant future extensions of time or grace periods.
- 6. Legal notice of any action shall be deemed sufficient if sent to respondent's last known address of record reported to the Licensure and Registration Section of the Division of Health Systems Regulation of the Department.
- 7. This Consent Order is effective on the first day of the month immediately following the month in which this Consent Order is approved and accepted by the Board.
- 8. Respondent understands this Consent Order is a matter of public record.
- 9. Respondent understands this Consent Order may be considered as evidence of the above admitted violations in any proceeding before the Board in which (1) her compliance with this same Consent Order is at issue, or (2) her compliance with §20-99(b) of the General Statutes of Connecticut, as amended, is at issue.
- 10. In the event respondent violates a term of this Consent Order, respondent agrees immediately to refrain from practicing as a licensed practical nurse, upon request by the Department, with notice to the Board, for a period not to exceed 45 days. During that time period, respondent further agrees to cooperate with the Department in its investigation of the violation, and to submit to and complete a medical, psychiatric or psychological evaluation, if requested to do so by the Department; and, that the results of the evaluation shall be submitted directly to the Department. Respondent further agrees that failure to cooperate with the Department in its investigation during said 45 day period shall constitute grounds for the Department to seek a summary suspension of respondent's license. In any such summary action, respondent stipulates

that her failure to cooperate with the Department's investigation shall be considered by the Board and shall be given due weight by the Board in determining whether her conduct constitutes a clear and immediate danger as required pursuant to Connecticut General Statutes, sections 4-182(c) and 19a-17(c). The Department and respondent understand that the Board has complete and final discretion as to whether a summary suspension is ordered.

- 11. In the event respondent violates any term of this Consent Order, said violation may also constitute grounds for the Department to seek a summary suspension of her license before the Board.
- 12. This Consent Order and terms set forth herein are not subject to reconsideration, collateral attack or judicial review under any form or in any forum. Further, this Consent Order is not subject to appeal or review under the provisions of Chapters 54 and 368a of the General Statutes of Connecticut, provided that this stipulation shall not deprive respondent of any other rights that she may have under the laws of the State of Connecticut or of the United States.
- 13. Respondent permits a representative of the Department to present this Consent Order and the factual basis for this Consent Order to the Board. The Department and respondent understand that the Board has complete and final discretion as to whether an executed Consent Order is approved or accepted.
- 14. Respondent has had the opportunity to consult with an attorney prior to signing this document.

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I, Karin Horbal, have read the above Co	nsent Order, and I agree to the terms set forth therein. I
further declare the execution of this Con	sent Order to be my free act and deed.
BETTY JANE BERCHEM  NOTARY PUBLIC  MY COMMISSION EXPIRES APR. 30, 2001	Karin Horbal  Karin Horbal
Subscribed and sworn to before me this	day of February 1998.  Betty Jane Berchom  Notary Public or person authorized by law to administer an oath or affirmation
	resented to the duly appointed agent of the Commissioner of  10th day of 4buay 1998, it is
	Cynthia Denne, Director Division of Health Systems Regulation
	esented to the duly appointed agent of the Connecticut  18 m day of February 1998, it is
	BY: anay Found Connection Board of Examiners for Nursing

S: sm. Horbal/legal/co. 1/98

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## STATE OF CONNECTICUT



## DEPARTMENT OF PUBLIC HEALTH

April 19, 1999

Karin Horbal, LPN 25 Angell Avenue Shelton, Connecticut 06484

Re:

Consent Order

Petition No. 970402-011-008

License No. 020013

Dear Ms. Horbal:

Please accept this letter as notice that you have completed the terms of your license probation, effective 3/1/99.

Notice will be sent to the Department's Licensure and Registration section to remove all restrictions from your license related to the above-referenced Consent Order.

Very truly yours,

Bonnie Pinkerton, RNC

Division of Health Systems Regulation

cc:

D. Tomassone

J. Wojick



Phone: (860) 509-7400

Telephone Device for the Deaf (860) 509-7191 410 Capitol Avenue - MS # 12HSR P.O. Box 340308 Hartford, CT 06134 An Equal Opportunity Employer